

World Hepatitis Day Camping in Dorset

The 19th May is World Hepatitis Day and this year a group of people have decided to come together to celebrate the occasion. From the 16th— 20th we will be coming together from all over the UK to meet up in Dorset to spend 5 days camping. Everyone is welcome to be part of this event.

The camp-site we have chosen especially as it is one of the few left in this Country that still allows camp fires.



For **25** years Luckford Wood Caravan and Camping Park has allowed traditional open **CAMP FIRES**. They supply the kindling wood, a fire basket/brazier and a water container for your safety, all you need are long balmy evenings to enjoy the delights of your stay. They will supply you with all the wood you need for your **nightly camp fire**. You may well see shadows and reflections dancing in the night sky, smoke wafting, embers drifting by in the night breeze on their way up into the stars, along with thoughts of a beautiful day.

Luxford Leisure is just 4 miles from Lulworth, and the nearest train station is Wareham, which again is very close by.

Accommodation is varied. Camper vans and touring caravans are very welcome, hook ups tariffs are a very reasonable £4 a night.

Frame tents with just a ground sheet can also be hired.

Or tent shelters can be hired with the following:

electricity, rugs, double divan beds (bed linen and towels are included), microwave cooker, armchair, fridge/freezer, electric blanket, ensuite shower and toilet or facilities close by, standard and/or bedside lamps, breakfast at Luckford Wood Farmhouse is included. Handy for those on treatment!

<http://www.luckfordleisure.co.uk/camp.html>

On the 19th May, for those that wish to participate, we will be making our way to Poole town centre together to raise awareness of viral hepatitis disease. On the evening of the 19th we will be organising a hog roast and a evenings entertainment around the camp-fire with the musicians who have come along.

PLEASE LET CHRISSY KNOW IF YOU WANT TO ATTEND THIS EVENT AS A CAMP MEMBER OR A DAY VISITOR.

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Hep C Nomads Forum

<http://hepcnomads.co.uk/phpBB3/index.php>

Thousands unaware they have hepatitis

An estimated 12,000 to 14,000 people in Wales are chronically infected with hepatitis C, the majority of whom are unaware of their infection.

The risk of catching hepatitis B and C increases if people partake in high-risk behaviours, such as injecting drugs or having unprotected sex.

Now Health Minister Edwina Hart has approved a plan to tackle blood-borne hepatitis developed by Public Health Wales. A total of £1.37 million of Welsh Assembly Government funding has been allocated to deliver the plan. The plan aims to identify people at risk of blood-borne viral hepatitis and prevent further transmission of the virus and, to improve care for people living with hepatitis B and C. These viruses spread from person to person, predominately by contact with infected blood and affect the liver. The infections can cause serious diseases and even death, but can be prevented and are treatable.

The plan provides a clear timeframe for the planning and provision of key services in Wales that will:

- Reduce the transmission of blood borne hepatitis infection in Wales;
- Reduce the pool of undiagnosed infection;
- Improve the provision of treatment and support to infected individuals; and,
- Monitor and evaluate treatment and prevention programmes.

Dr Marion Lyons, Head of the Public Health Wales Blood-Borne Virus Programme, said: "Transmission of blood-borne viruses can be prevented but is common amongst high-risk groups in Wales. If prevention measures are not implemented, the number of people infected by hepatitis B and C will rise and this adds to the disease burden in Wales. "The new action plan sets out how we can make a real difference in Wales, by reducing the transmission of hepatitis infection, reducing the pool of undiagnosed infection and improving the treatment and support available to those who are infected."

Mrs Hart said: "Hepatitis has major health implications for the individual and, if undiagnosed, for others. "The challenge is to reduce ongoing transmission and reduce the prevalence of hepatitis which is compounded by issues of social exclusion and marginalisation amongst some of the groups at highest risk of infection in Wales. "By early diagnosis and intervention as well as greater awareness, we will hopefully see a reduction in hepatitis in Wales over the coming years."

The blood-borne viral hepatitis action plan is available on the Welsh Assembly Government's website here.

<http://wales.gov.uk/docs/phhs/publications/100226actionplanen.pdf>



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We have over 1500 individuals visiting our website every day, and your newsletter could be part of their over-all browsing experience, allowing visitors to gain more information about the support we all offer.

To view the existing newsletters visit:

<http://www.britishlivertrust.org.uk/home/support/support-groups/support-group-news.aspx>

If you would like me to add your newsletter to the British Liver Trust website please e-mail a copy to me at:

richard.hall@britishlivertrust.org.uk

Share your news

What's happening in your area? Tell us about your experience of liver disease and what you're doing to help other people, share your ideas or thoughts about what we should be working on. We're always looking to put a human face on the condition!

The next newsletter is will be published in May.

Email richard.hall@britishlivertrust.org.uk or call 01425 481320.

